

Rösti. (Fried Potatoes)

A delicious traditional dish from Switzerland made in many forms. It's warm, hearty and simply delicious!

Prep Time 15 minutes Cook Time 25 minutes Total Time 40 minutes Servings 4 people

Ingredients

- 8-10 medium potatoes figure 2-3 per person
- 2-3 TBS olive oil extra virgin
- 2-3 cloves garlic crushed
- 1 small onion diced
- salt and pepper

Equipment

- pressure cooker
- cast-iron skillet

Instructions

- 1. First step is to cook your potato's in a pressure cooker for about 8 minutes-not too soft they fall apart, but soft enough to shred. (You can also boil them in a regular pot until done, but not too soft.) After they are cooked, drain the water and let them stand in cold water for about 5 minutes. This allows you to shred them without burning your fingers. Shred the potatoes when cool.
- 2. In the cast iron skillet sauté the onions and garlic along with the oil.
- 3. Begin your layer process by taking half the shredded potato's and mixing them with the sauteed onion and garlic. Add salt, stir around then flatten with a spatula meeting the shredded potato's end to end of the pan.
- 4. Add your next bit of olive oil, then the rest of the potato's. Add another bit of fresh crushed garlic if desired and a bit more salt and pepper.
- 5. Put into the hot oven (350 degrees) and let bake for about 20 minutes with heat on top/bottom and it begins to brown.
- 6. The final 5 minutes, switch the heat to convection and let it finish up to a golden, crispy finish.

Submitted by: Patricia Wipfli Schaffarczyk